

Pain Assessment and Management for the Primary Care Physician

December 1, 2007

Bell Harbor Conference Center

Pier 66

2211 Alaskan Way

Seattle, WA

Program Co-Chairs

Daniel Bizusek, DO

Lynnda Williamson, DO

This program is funded in part by the following supporters who had no control over its content:

EH Lilly

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For further information, please call the WOMA office at (206) 937-5358. Due to limited seating, early registration is recommended.

www.woma.org

Pain Assessment and Management for the Primary Care Physician



PO Box 16486
Seattle, WA 98116-0486

Pain Assessment and Management for the Primary Care Physician



2007 WOMA WINTER SEMINAR

December 1, 2007

Bell Harbor Conference Center
Seattle, WA

**9 Category 1-A
AOA-Approved Hours**

This activity has been reviewed and is acceptable for up to 8.5 Prescribed credits by the American Academy of Family Physicians.

WOMA 2007 Winter Seminar
Pain Assessment and Management for the Primary Care Physician

December 1, 2007

9 Hours Category 1-A AOA-Approved CME

Name _____ EMail _____
Last First Middle

Degree if other than D.O. _____

Mailing Address _____ Phone () _____

City _____ State _____ Zip _____

Fax () _____ AOA# _____ (D.O.'s only)

CHECK REGISTRATION CHOICE	BEFORE 11/1/07	AFTER 11/1/07	ENTER AMOUNT
<input type="checkbox"/> Physician Member*	\$195.00	\$245.00	\$ _____
<input type="checkbox"/> Physician Non-Member	\$295.00	\$345.00	\$ _____
<input type="checkbox"/> Osteopathic Student, Intern or Resident Member of WOMA or Other AOA State Divisional Society <small>(Scholarships are available from the Washington Osteopathic Foundation. Contact WOMA office or website for details)</small>	\$ 125.00	\$145.00	\$ _____
<input type="checkbox"/> Non-Physician Provider	\$225.00	\$275.00	\$ _____
<input type="checkbox"/> Fully Retired Physician Member of WOMA <small>(not available to semi-retired members)</small>	\$125.00	\$145.00	\$ _____
<input type="checkbox"/> Fully retired Physician Non-Member <small>(not available to semi-retired members)</small>	\$195.00	\$245.00	\$ _____

Registration fee includes Continental breakfast, morning and afternoon refreshment breaks, buffet lunch, handout materials and parking at the garage across the street from the Conference Center (see driving directions on next page).

TO REGISTER: Check appropriate selection above - enter total amount at far right and submit with your check made payable to WOMA to PO Box 16486, Seattle, WA 98116-0486. WOMA does not currently accept credit cards.

ALL PARTICIPANTS MUST BE PRE-REGISTERED BY NOVEMBER 26TH. DUE TO EXPECTED SELL-OUT AND LIMITED SEATING, THERE WILL BE NO ON-SIGHT REGISTRATION.

QUESTIONS? CALL THE WOMA OFFICE AT (206) 937-5358

***WOMA Dues must be current to qualify for member registration fees.** Osteopathic Physician members of other AOA State Divisional Societies must provide proof of active membership in the AOA affiliate State Society to qualify for member fee.

COURSE OBJECTIVES

This program will address concerns of primary care physicians related to the management of patients with chronic pain conditions. Pain Management has been at the forefront of topics being addressed by Washington State licensing and disciplinary authorities. New guidelines are being developed in response to requests from patients and providers. Recent patient deaths blamed on prescription pain medications have deterred some physicians who may now be under-prescribing. This program will provide a better understanding of pain management and appropriate care for patients. Learning Objectives

Registrants will be able to:

1. Explain whether and how to prescribe pain medication
2. Demonstrate the risks of addiction and how to assess patients for risks
3. Develop a Viable Opioid Agreement
4. Use Urine Toxicology Screens
5. Recognize why pain management may require an interdisciplinary approach
6. Understand current legal and regulatory issues pertaining to prescribing Opioids

For further information, please call the WOMA office at (206) 937-5358.

Due to limited seating, early registration is recommended.

Registrations will be accepted on a first-come, first-served basis.

HOTEL REGISTRATION

We have a small block of rooms set aside at the nearby **Edgewater Hotel** on November 30 and December 1. The rates are **\$239.00 per night for the Water-Side** or **\$189.00 per night for the City-Side**. Rates are for single or double occupancy. A charge of \$20 will be added for each additional person sharing a guestroom. Children under eighteen (18) years of age and younger may share the same room with parents at no additional charge as long as the number of occupants in the room does not exceed five (5) for the Deluxe rooms or two(2) for Lodge rooms.

For reservations call toll-free to 1-800-624-0670 or direct to 206-728-7000 and ask for the reservations department. Reservation hours are 7:00 a.m. to 9:00 p.m. Pacific Standard Time. To receive the WOMA group rates please call prior to **November 2, 2007** and identify yourself with the Washington Osteopathic Medical Association. Reservation requests or changes after the cut-off will be accepted on a space available basis at the current available rate. One night's guest room and tax will be charged to the account of each guest who does not arrive or whose reservations are cancelled less than forty-eight hours prior to arrival. Please make your smoking preference known when making your reservation and the Edgewater will make every effort to meet your request although they cannot guarantee special requests.

Check-in Time is 4:00 p.m. Check-out time is 12:00 Noon.

The Edgewater offers valet-only parking. Twenty-four hour parking for overnight guests with in and out privileges is \$26.00 per day and does not include valet gratuity or tax and is subject to change.

Other Accommodations

Across the street from Bell Harbor
Marriott Seattle Waterfront
seattlewaterfrontmarriott.com
206.443.5000

*Walking distance or short cab
ride from conference center*

Inn at the Market
innatthemarket.com
800.446.4484

Mayflower Park Hotel
mayflowerpark.com
800.426.5100

Hotel Andra
hotelandra.com
877.448.8600

The Westin
starwood.com/westin
206.728.1000

Sixth Avenue Inn
sixthavenueinn.com
888.627.8290

The Warwick
warwickhotel.com
800.426.9280

Westcoast Vance
vancehotel.com
877.956.8500

The Sheraton Hotel & Towers
starwood.com/Sheraton
206.621.9000

The Fairmont Olympic
fairmont.com/seattle
206.621.1700

The Paramount Hotel
paramounthotelseattle.com
800.663.1144

Hotel Monaco
monaco-seattle.com
800.715.6513

Renaissance Seattle Hotel
marriott.com
206.583.0300

Red Lion on Fifth
redlion.com
800.504.3909

To Bell Harbor International Conference Center from north of Seattle on I-5 South:

- Take Exit 167 (West Mercer Street/Fairview Avenue)
- Turn right onto Fairview Avenue
- Take the first left onto Valley Street
- Stay left; Valley Street merges into Broad Street
- Continue on Broad Street to Elliott Avenue, and turn left
- Once you pass the Wall Street intersection, park in the Art Institute of Seattle parking garage on your immediate right

To Bell Harbor International Conference Center from south of Seattle on I-5 North (coming from Sea-Tac Airport):

- Take the Madison Street exit (also called Convention Place exit)
- Turn left onto Madison Street
- Stay on Madison Street until you come to the waterfront
- Turn right on Alaskan Way
- You will pass Pier 66 on your left; the next street after the sky bridge is Wall Street
- Turn right on Wall Street
- Turn right on Elliott Avenue
- Park in the Art Institute of Seattle parking garage on your immediate right
- Take the sky bridge to the Conference Center, World Trade Center Seattle, and Odyssey, the Maritime Discovery Center
- The International Promenade is located in the Cruise Ship Terminal one block north of Bell Harbor on Alaskan Way
- To access, follow the directions to Bell Harbor and take the elevator to the ground level

Please note the two parking garage entrances, Elliott Avenue and Wall Street

ENDORSEMENTS

**WASHINGTON ACADEMY OF
PAIN MANAGEMENT**



WOMA Winter Seminar

“Pain Assessment and Management for the Primary Care Physician”

December 1, 2007

Bell Harbor International Conference Center

Pier 66 / 2211 Alaskan Way / Seattle, WA 98121

Dan Brzusek, DO and Lynda Williamson, DO Program Co-Chairs

7:30 a.m.	Osteopathic Practice and Principle Applied to the Chronic Pain Patient Lynda Williamson, DO	12:15 p.m.	Visit Exhibits / Lunch
8:15 a.m.	Psychological Screening Prior to Initiation of Chronic Opioid Therapy Michael Schatman PhD	1:15 p.m.	Agency Medical Directors' Group Opioid Dosing Guidelines Hal Stockbridge, MD, MPH Ruth Bishop, DO
9:00 a.m.	Effective Prescription of Opioid Analgesics for Chronic Pain Bill McCarberg, MD	2:00 p.m.	Return to Work After Spinal Injury Bob Gatchel, PhD & Dan Brzusek, DO
9:45 a.m.	Prescribing Opioid Analgesics: Legal and Regulatory Issues Jen Bolen, JD	2:45 p.m.	Break
10:30 a.m.	Break	3:00p.m.	Exercises for Chronic Spinal Pain Alison Stout, DO
10:45 a.m.	Treating Chronic Pain Patients with Histories of Substance Abuse Barry Cole, MD	3:45p.m.	Putting It All Together. An Interdisciplinary Approach to Pain Management Steven Stanos, DO
11:30 a.m.	Developing a Viable Opioid Agreement; Use of Urine Toxicology Screens Scott Fishman, MD	4:30 p.m.	Case Studies – Panel Discussion Dan Brzusek, DO, Moderator, Alison Stout, DO, T John Baumeister, DO and Dan Wolf, DO
		5:30 p.m.	Seminar Adjourns

T. John Baumeister, DO

1997 – Present: Private practice, Pain Management, Edmonds, WA
2006-2007: Founding President, Washington Academy of Pain Management; Diplomate, American Board of Osteopathic Family Practice
Diplomate, American Academy of Pain Management

Ruth Bishop, DO 1996 to present - Staff Physician, Occupational Health Services, Valley Medical Center; 2003 to present - participant in Center of Occupational Health and Education (COHE) program.

Jennifer Bolen, JD

Ms. Bolen owns and operates a medico-legal consulting firm that specializing in the development and implementation of risk management programs and practice standards for the use of controlled substances to treat pain and the office-based treatment of opioid addiction.

Daniel Brzusek, DO

Director, Northwest Rehabilitation Associates, Bellevue, WA
Clinical Assistant Professor, Dept. of Rehabilitative Medicine, University of Washington

Barry Cole, MD, MPA, FAPA (Distinguished)

2002-Present: Pain Management Consultant, Kaiser Permanente Medical Group, Honolulu, HA; 2004 – Present: National Initiative for Pain Control Advisory Board and Speaker's Bureau

2005: Chronic Pain Network Advisory Board and Speaker's Bureau

Scott Fishman, MD

Professor of Anesthesiology and Pain Medicine, Chief, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, University of California, Davis; 2002-Present: Board of Directors, American Academy of Pain Medicine (President 2005-2006); 2003-Present: Board of Directors, American Pain Foundation

Robert Gatchel, PhD

2004 to Present: Professor and Chairman, Department of Psychology, College Sciences, the University of Texas at Arlington; 1988 to Present: Professor of Rehabilitation Counseling Psychology, the University of Texas Southwestern Allied Health Sciences School, Dallas; 2001-Present: Department of Anesthesiology and Pain management, The University of Texas Southwestern Medical Center at Dallas

Bill McCarberg, MD

7/82 to present – Family Medicine, Kaiser Permanente; 7/83 to present – Assistant Clinical Professor University of California; Peer Reviewer for the American Pain Society Guideline for the Management of Pain on Osteoarthritis, Rheumatoid Arthritis and Juvenile Chronic Arthritis; Co-editor of the National Initiative on Pain Control Newsletter; Editorial Board – Pain Medicine News

Michael Schatman, PhD

Private practice in Clinical and Health Psychology; Director of Education and Training, Pinnacle Health Rehab Options, 1995-2005; Practice Pain Management Editorial Advisory Board 2005-present; Edited Textbook (2007 in process) Chronic Pain management: A Guidebook for Multidisciplinary Program Development. New York: Informa Healthcare

Steven Stanos, DO

2002 to Present: Clinical Instructor, Department of Physical Medicine and Rehabilitation, Northwestern University Medical School; 2002-Present: Medical Director, Chronic Pain Care Center, Rehabilitation Institute of Chicago; 2005 to Present: Graduate Medical Education Committee, Rehabilitation Institute of Chicago; 2002 to Present: Medical Directors Committee, Rehabilitation Institute of Chicago

Hal Stockbridge, MD, MPH 1990 to present: Associate Medical Director, Washington State Department of Labor and Industries: Clinical Assistant Professor, University of Washington

Alison Stout, DO

Private practice, Physical Medicine and Rehabilitation, Kirkland, WA; 2005 – Present: Team Physician, University of Washington Men's Lacrosse Team

Lynda Williamson, DO

Private Practice, Family Medicine and Osteopathic Manipulative Medicine, Spokane, WA

Dan Wolf, DO

Private practice, General Psychiatry & Addiction Medicine Seattle, WA; Former Psychiatric Consultant and Coverage for Medical Director, Washington Physicians Health Program